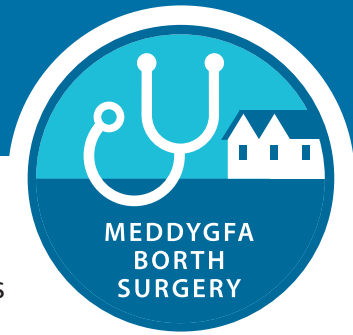


Borth Multi-Disciplinary Team (MDT) Project



What is the project?

Borth Surgery are running a project to improve the way we work with organisations and services when supporting the needs of the people registered with Borth Surgery.

How will it affect me?

It will give you a chance to talk to a member of the team to discuss what is important to you, to support your health and wellbeing. You may be invited to join in a meeting with other professionals to discuss what is important to you.

How will it benefit me?

It will improve the way we talk and share information between health and social care teams and give you more 'joined up care' that is within your local area, close to where you live. It will focus on what is important to you, your health, and your wellbeing. It will reduce referrals to different services and give you more 'joined up' care.

How will I be involved?

The team will be told if you are admitted to hospital or receive support from Ceredigion County Council. There will be some people who are registered at the surgery that will be asked to be involved – such as people with increased frailty. Professionals who may make up the MDT include your GP, Community nurses, social services, Occupational Therapy team etc.

How can my family / friends / carers get involved?

They can support you by being with you at the meeting. They can provide information on your behalf with your permission.

If you feel you would like more information you or your family can contact Claire Bryant, Clinical Coordinator on 07955193799.



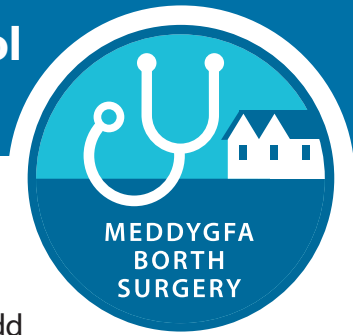
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Prosiect Tîm Amlddisgyblaethol (MDT) y Borth



Beth yw'r prosiect?

Mae Meddygfa'r Borth yn cynnal prosiect i wella'r ffordd rydym yn gweithio gyda sefydliadau a gwasanaethau wrth gefnogi anghenion y bobl sydd wedi cofrestru gyda Meddygfa'r Borth.

Sut y bydd yn effeithio arnaf i?

Bydd yn rhoi cyfle i chi siarad ag aelod o'r tîm i drafod yr hyn sy'n bwysig i chi, i gefnogi eich iechyd a'ch lles. Efallai y cewch eich gwahodd i ymuno mewn cyfarfod â gweithwyr proffesiynol eraill i drafod yr hyn sy'n bwysig i chi.

Sut y bydd o fudd i mi?

Bydd yn gwella'r ffordd rydym yn siarad ac yn rhannu gwybodaeth rhwng timau iechyd a gofal cymdeithasol ac yn rhoi mwy o 'ofal cydlynol' i chi sydd yn eich ardal leol, yn agos at ble rydych chi'n byw. Bydd yn canolbwyntio ar yr hyn sy'n bwysig i chi, eich iechyd a'ch lles. Bydd yn lleihau atgyfeiriadau i wahanol wasanaethau ac yn rhoi mwy o ofal 'cydlynol' i chi.

Sut byddaf yn cymryd rhan?

Bydd y tîm yn cael gwybod os cewch eich derbyn i'r ysbyty neu'n derbyn cefnogaeth gan Gyngor Sir Ceredigion. Bydd rhai pobl sydd wedi cofrestru yn y feddygfa yn cael eu gofyn i gymryd rhan – fel pobl sydd â mwy o eiddilwch. Mae gweithwyr proffesiynol a allai fod yn rhan o'r MDT yn cynnwys eich meddyg teulu, nyrsys cymunedol, gwasanaethau cymdeithasol, tîm Therapi Galwedigaethol ac ati.

Sut gall fy nheulu / ffrindiau / gofalwyr gymryd rhan?

Gallant eich cefnogi drwy fod gyda chi yn y cyfarfod. Gallant ddarparu gwybodaeth ar eich rhan gyda'ch caniatâd.

Os ydych yn teimlo yr hoffech fwy o wybodaeth, gallwch chi neu'ch teulu gysylltu â Claire Bryant, Cydlynnydd Clinigol ar 07955193799.



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