

# Mini MOVE: Collaborating towards a better future for children with Physical Disability

Presented by:

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# History of MOVE and ABUHB



- MOVE stands for 'Movement Opportunities Via Education'
- In 2010 with Crownbridge School started the **MOVE** Programme.
- 2019-2022 All 4 ALN schools became trained.
- All **Paediatric Physiotherapists trained** in MOVE 2022.



# Why Mini MOVE & mainstream?



- In Wales **6670 children have a physical disability** according to data from 2021-22. (Welsh Government, 2022)
- 73% say the number of **children with SEND has risen over the past two years** (Early Years Alliance, 2020)
- **Most children with SEN attend mainstream schools in the UK**, with less than 10% attending SEN provision (Mencap, 2021)
- The average cost of a year in mainstream education= £5000 , **Early Years 3-4 year olds costs £4000** (SEND funding, House Of Commons, 2020).  
Compared to SEN settings which is around £29,000 for Primary.



# Why Mini MOVE can influence development across Wales?



1. Early Intervention
2. Healthier Wales
3. Early Years Provision
4. COVID 19
5. Additional Learning Needs Act
6. Evidenced based
7. Inequity of Provision



**The collaborative child-centred approach of Mini MOVE is an essential component for providing families and children with stability and continuity through a time in a child's life**

# How? The Mini MOVE Pilot

1. Project planning
2. Stakeholder event
3. Pilot pathway
4. Mini-MOVE assessment framework
5. Outcomes
6. Pilot cohort
7. Pilot



# Example of Assessment Framework



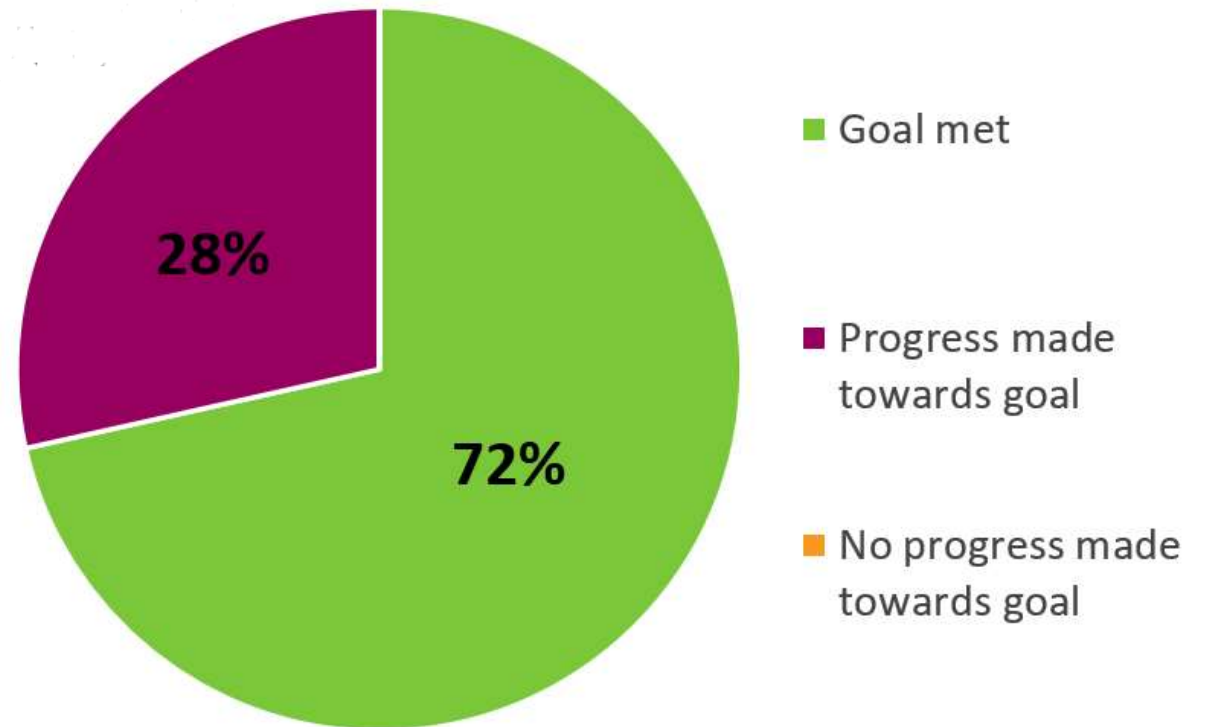
## A. Moving / Lying On My Back

		Emerging		Developing		Secure		
A.1	I can roll from back to front	Can roll from back to front fully supported with physical prompts	Developing Skill:	Initiates rolling by lifting head and arms, guidance needed at hips. May need assistance to free arm from under body when moving on to front	Developing Skill:	Rolls independently on to front from back	Developing Skill:	
			5/31/2022					
			Date Achieved/PNR:				Date Achieved/PNR:	
A.2	I can lie on my side	Can be positioned into 3/4 side-lying position with support for brief periods	Developing Skill:	Can be positioned on their side, lying with support	Developing Skill:	Can lie on their side unsupported. Able to do an activity in side-lying position, such as playing / reaching for a toy, eye gaze etc.	Developing Skill:	
			5/31/2022					
			Date Achieved/PNR:				Date Achieved/PNR:	
A.3	I can roll on to my side	Can tilt hips to the side with assistance	Developing Skill:	Can roll on to side with physical prompts at hips	Developing Skill:	Rolls on to side independently	Developing Skill:	
			Date Achieved/PNR:				Date Achieved/PNR:	
A.4	I can reach / swipe for a toy when lying on my back (with or without support)	Can reach for a toy when lying on their back	Developing Skill:	Initiates reaching for a toy, needs help to complete the activity	Developing Skill:	Can reliably reach in the direction of a toy	Developing Skill:	
			Date Achieved/PNR:				Date Achieved/PNR:	

# Findings...

**All children** who started the Mini MOVE pilot project either met their set goal or **made progress** toward.

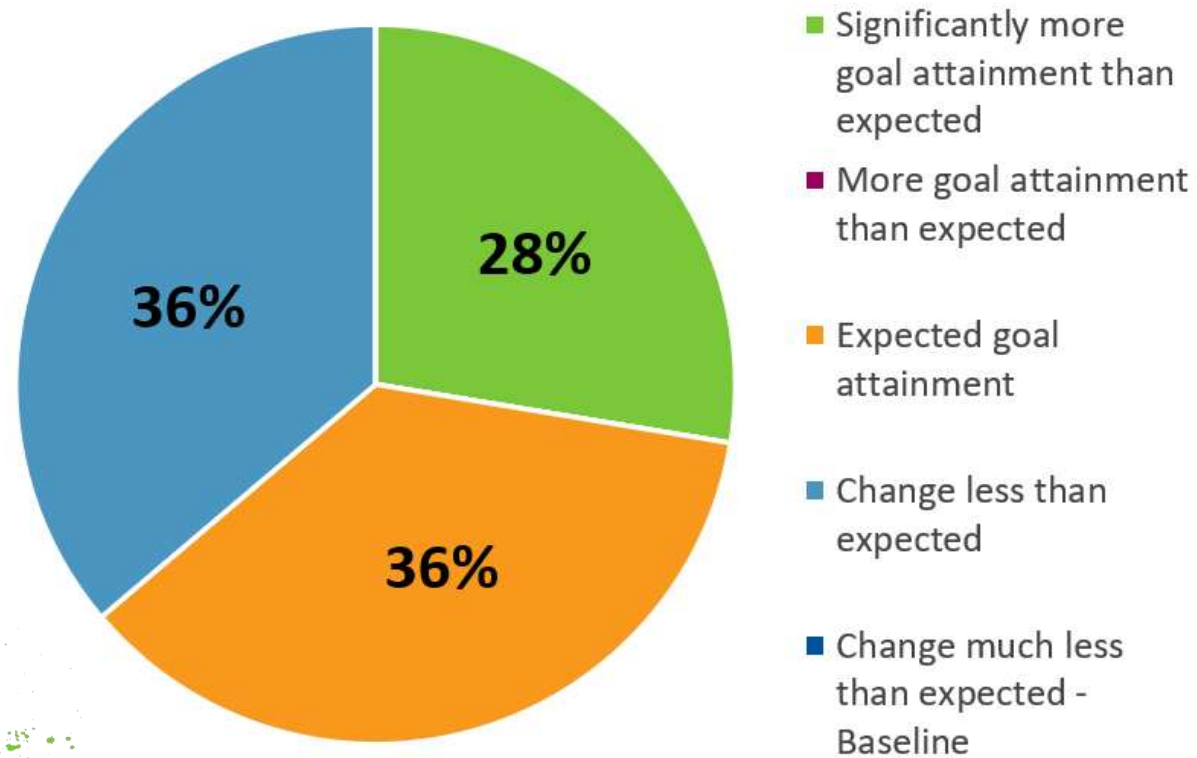
Shared Goal



# Findings...

Children's skill progress was tracked through GAS (**Goal Attainment Scaling**) goals set by the Physiotherapy team. **All children developed on their initial skill set ability.**

Change in GAS Goals

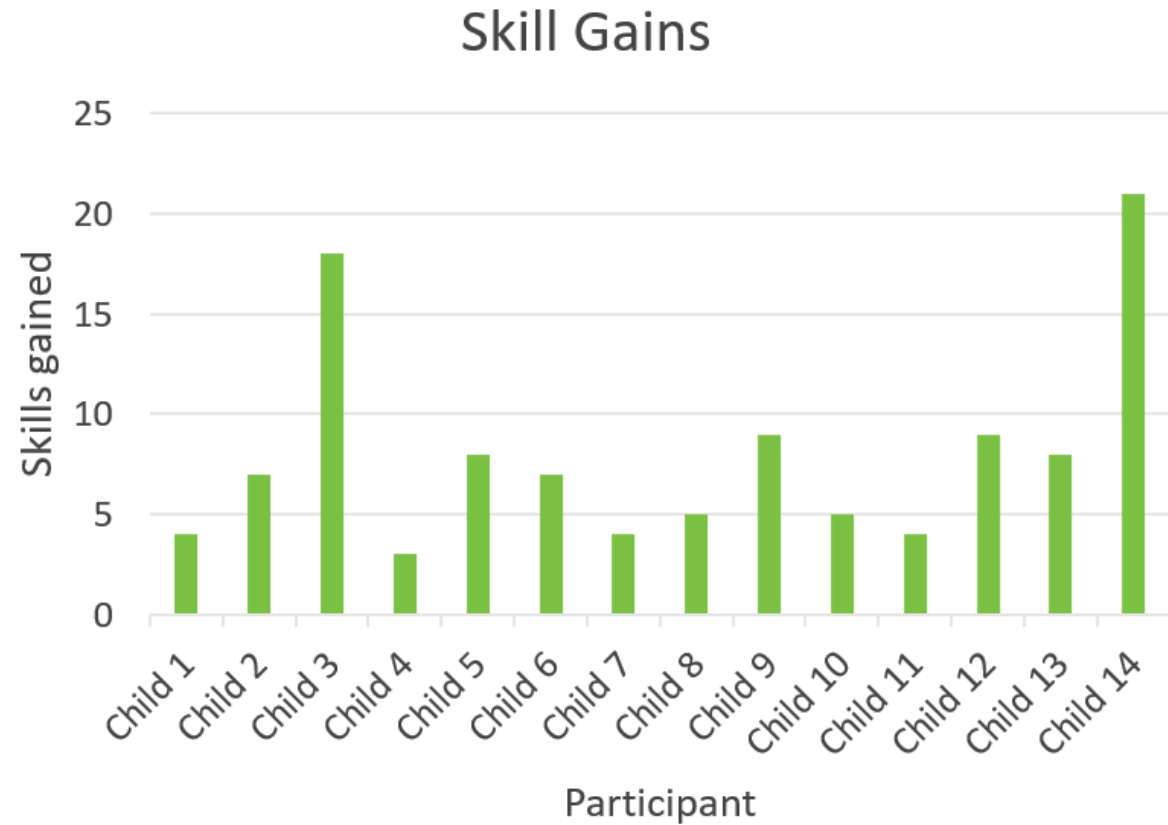




# Findings...



This diagram shows how many new skills were gained using the **Mini MOVE assessment framework**. All children developed skills with 2 children making **significant progress**, developing up to 22 new skills in a **3 month pilot period**.



# Benefits of working with MOVE, a third sector charity



- Established in **140 Special Educational Needs Schools** across the UK
- Delivery model already proven to be effective with thousands of young people across 25 year history
- **Qualities and expertise** to lead on cross-sector business development and project management
- **Strong connections** within Education and Health sectors regionally and nationally.
- Expertise in training delivery
- The **core values of MOVE** echo the Bevan Exemplar Process...
- **Better Together** - We believe in the power of the team to achieve great outcomes, valuing everyone's input and working holistically.
- **Pursue Excellence** - We strive to deliver the best possible services, empowering teams to develop their MOVE Programme provision and achieve best practice
- **Dare to Dream** - We set our sights and expectations high, placing no limits on disabled young people, the people who support them or ourselves as an organisation.

# 3 Year Potential Development Plan



<b>Year 1 – 2022</b>	<ul style="list-style-type: none"><li>• To roll out the initial 3 month pilot project, followed by disseminating the programme into early years settings across the ABUHB.</li><li>• ABUHB physiotherapy team will work closely with settings to identify children who would benefit from the programme.</li><li>• ABUHB &amp; MOVE will train Early Years educators to use the Mini MOVE programme effectively.</li><li>• Collectively design a successful, tried and tested programme that can then be rolled out across ABUHB.</li></ul>
<b>Year 2 – 2023</b>	<ul style="list-style-type: none"><li>• Explore and secure funding to allow MOVE as a third sector to work with ABUHB Paediatric Physio team.</li><li>• Adopt and Spread Mini MOVE to neighbouring Health Boards.</li><li>• Funding in place to develop the Mini MOVE training model.</li><li>• Develop a Cost Benefit Analysis of the service.</li></ul>
<b>Year 3 – 2024</b>	<ul style="list-style-type: none"><li>• ABUHB to work closely with neighbouring Health Boards and deliver training to key stakeholders through secured funding.</li><li>• MOVE to train neighbouring Early Years settings through support of ABUHB.</li><li>• Created reduced variation in Paediatric Physio services.</li><li>• Have a collaborative approach embedded that is child/family centred.</li></ul>



# Impact of Mini MOVE – Testimonials

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*“I was a bit nervous with him starting nursery because they never had experience with children like him, but they are a lot more confident after using Mini MOVE!” Parent*

“ It has been nice knowing that the things we are doing at home are helping... Mini MOVE gave us goals and little things we can do at home that everyone’s got involved with...Dad’s been way more involved since the meeting ”



GIG  
CYMRU  
NHS  
WALES

Bwrdd Iechyd Prifysgol  
Aneurin Bevan  
University Health Board

“ Now we take the chest strap off his chair he sits forward; he looks around more and I find he is more active...I just think the earlier you could start a Mini MOVE programme with a child the better, it gets them moving ”



“ She’s progressing more because we practice the same things at home and school. She’s now sitting and crawling independently. I didn’t think she’d ever do any of those things. Communication between me, physio and nursery is brilliant ”



# Thank you! Diolch!

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We would to thank the Bevan Exemplar Programme, Cohort 7 for all their help and guidance.

We have thoroughly enjoyed the journey!

A direct thank you to Helen Howson and Tom Howson for all your ongoing support!

Any questions?

