

Promoting a Healthier Community

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#BevanExemplar

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Project Background

- The Mentor Ring has a history of providing sessions to help with physical and mental health problems.
- We have previously held sessions in the community covering misinformation on COVID-19 & Vaccines, Diabetes Awareness and Healthy Eating.

Project's Aims and Objectives

- To provide 3 virtual sessions covering different topics to suit our community.
- To tackle misinformation in the community with the support of sessions with medical specialists.
- To provide one-to-one follow-up sessions for any participants requiring more help after the sessions.

Our online sessions

- Women's Health (Covid-19)
- Monkey Pox
- Covid Misinformation (continued)

Additional sessions held in person

- Diabetes Awareness
- Use of Pocket Medic
- Foot Care Self-Management for T2 Diabetes patients

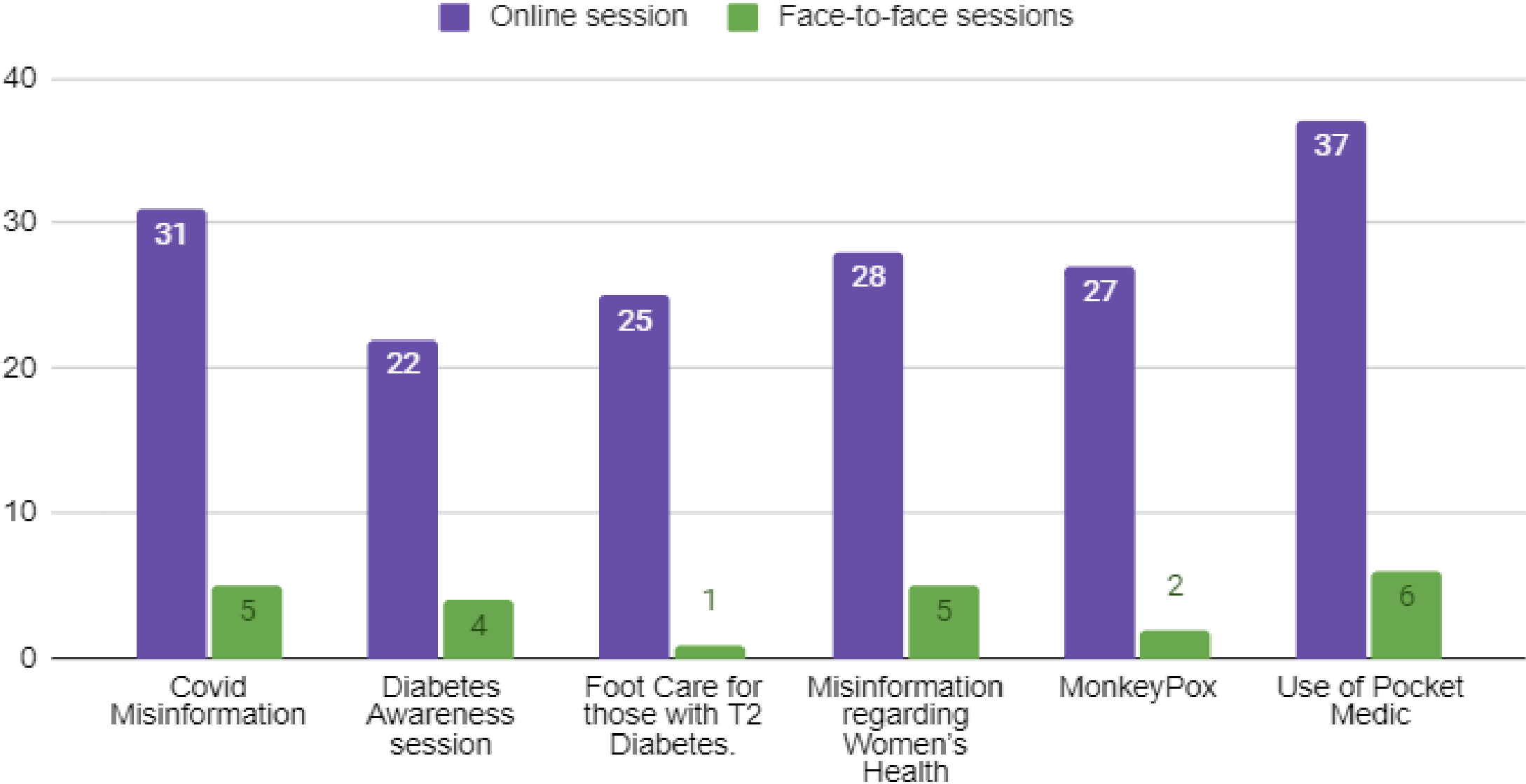
Future sessions

- Information on Scarlet Fever – Strep A
- Foot care kit demonstration sessions for elderly

Project Outcomes

- The community showed great interest in our sessions.
- The need has arisen for more sessions.
- Many participants felt more informed and empowered by the expert information.

Attendance of online sessions held by TMR

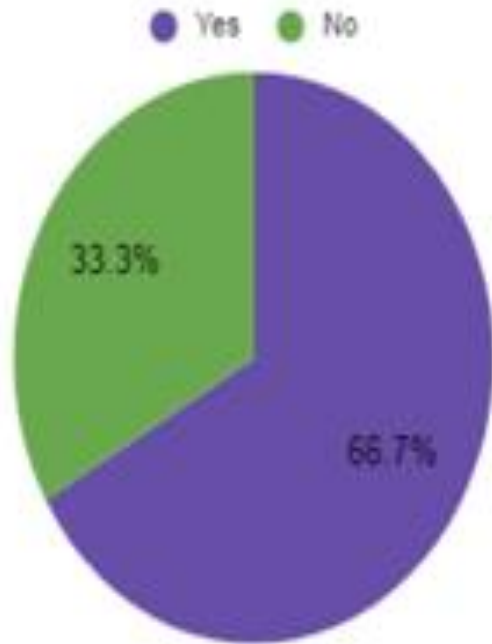


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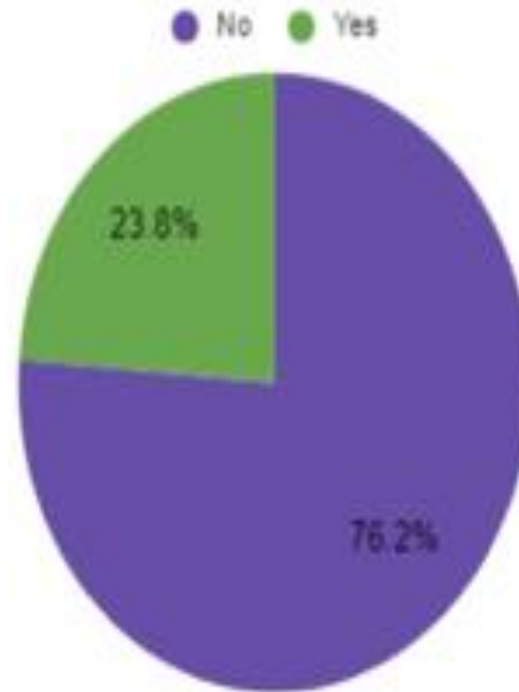
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Feedback from Participants BEFORE the session

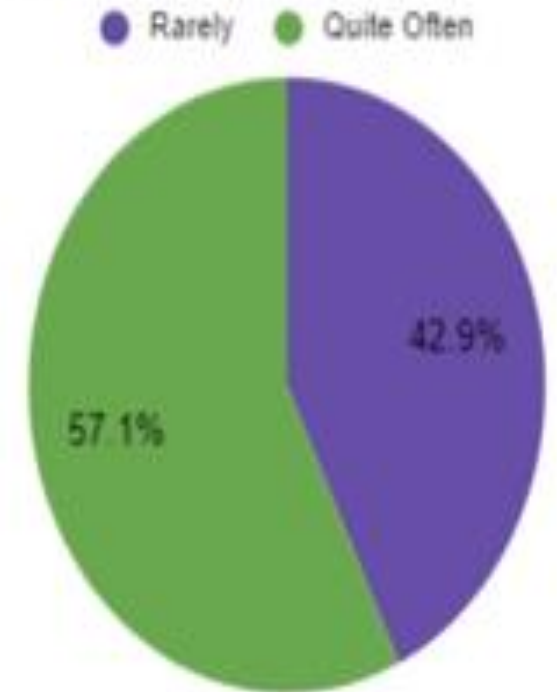
Participants' survey: Do you share health-related information on social media/messenger without verifying the authenticity?



Participants' survey: Have you heard of the term infodemic?

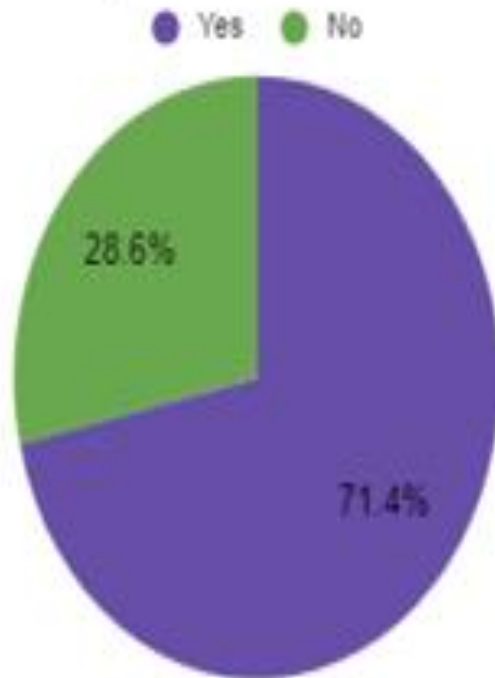


Participants' survey: How often you will find inaccurate information on social media or messenger?

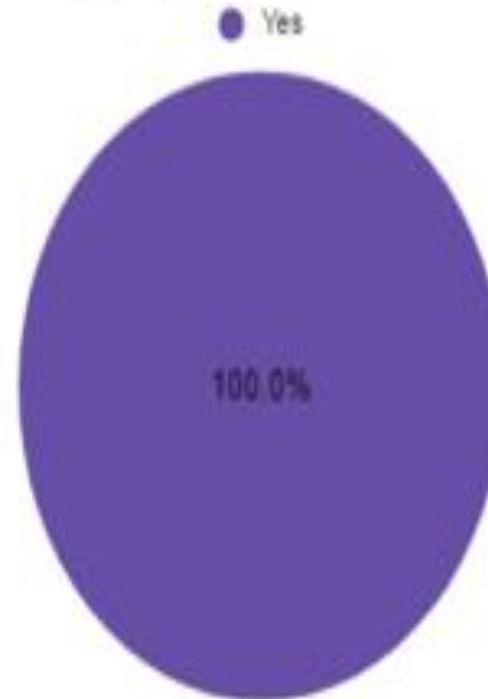


Feedback from Participants AFTER the session

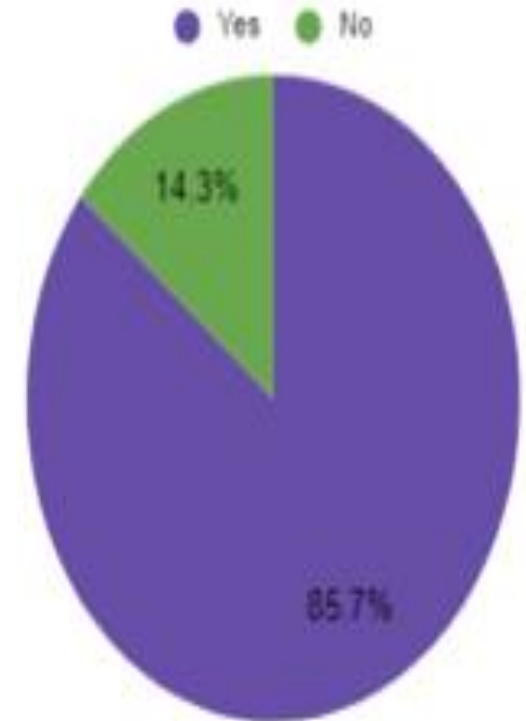
Participants' survey: Are you sure of organisation/source where reliable health information are published?



Participants' survey: Will you check the facts before sharing any health related information?



Participants' survey: Are you confident after session?



Key Conclusions

- An abundance of misinformation had spread through the community.
- The necessity to better inform the public of the facts and dispel the myths.
- Vulnerable people are most affected with misinformation.