

Bevan Exemplar Programme Cohort 9 Projects

| Project Title | Project Lead & Organisation | Description |
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| Aneurin Bevan University Health Board | | |
| <p>Development of digital platforms to support the Endoscopy Service in ABUHB</p> <p>Development of digital platforms to support the Endoscopy Service in ABUHB</p> | <p>Rhodri Davies</p> <p>ABUHB</p> | <p>This project develops digital platforms to support the endoscopy service in ABUHB. This will include an intranet site with unit specific policies, forms and documents, and training. There will also be a site for patients, with local unit information, procedure information and how to access support. It will help services be more efficient, transparent and information can be regularly reviewed and updated.</p> <p>This could be a standard working platform for all Endoscopy Services across Wales and set the benchmark for JAG accreditation.</p> |
| <p>Does a detailed medication review from a clinical care home pharmacist, improve patient outcomes and reduce waste in Nursing Homes?</p> <p>Does a Detailed Medication Review from a Clinical Care Home Pharmacist, Improve Patient Outcomes and Reduce Waste in Nursing Homes?</p> | <p>Elizabeth Hallett</p> <p>ABUHB</p> | <p>This project will measure the impact of a new care home clinical pharmacist whose role is to provide in-depth clinical medication reviews for the residents of care homes in ABUHB. The pharmacist will strive to deliver patient centred care through structured medication reviews to help reduce the risk of medication errors and adverse drug reactions, potentially avoiding unplanned hospital admissions, aiming to improve both patient and carer understanding of, confidence in and compliance with their medicines.</p> |
| <p>Diagnostic data sharing link between Primary Care Optometry and Secondary Care Ophthalmology</p> <p>Diagnostic data sharing link between Primary Care Optometry and Secondary Care Ophthalmology</p> | <p>Amy Stillwell and Clare Conaty</p> <p>ABUHB</p> | <p>This project will purchase and implement Blueworks 'Ophthalsuite' to enable a "Community Ophthalmic Link." This is an integration platform connecting all ophthalmic imaging devices to a central database. Ophthalsuite is unique in its support of proprietary imaging platforms and scanners and will enable cross-platform review; regardless of the scanner used and whether they visit Primary or Secondary care. The "Community Ophthalmic Link" will enable the sharing of diagnostic patient data between Primary and Secondary Care. This will allow the seamless sharing of clinical data, ease of monitoring progression and will enable more patients to be managed safely by their own primary care optometrist closer to home.</p> |

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| <p>BETTER TOGETHER-The True Value of Positive Ageing</p> <p>BETTER TOGETHER-The True Value of Positive Ageing</p> | <p>James Lewis</p> <p>Action for Elders (project being delivered in ABUHB area)</p> | <p>Action For Elders intends to pioneer a new and innovative health and wellbeing pathway for older adults that will focus on supporting prevention and prevention continuation utilising a collaborative approach that has a longer-term objective of working at local, regional and national levels. The aim is to tackle the major health and social challenges of ageing, in particular mobility issues including falls prevention and frailty, loneliness, and social isolation. It will bring together in a measured and evidence-based way one holistic programme based in the community that incorporates the three pillars of physical, social and mental health and wellbeing. Each one integral to the overall impact, outcomes and changing mechanism in regard to the health of older people.</p> |
| Betsi Cadwaladr University Health Board | | |
| <p>Clean Hands, Clear Water: Hand Rubbing for an Eco-Friendly Scrub</p> <p>Clean Hands, Clear Water: Hand Rubbing for an Eco-Friendly Scrub</p> | <p>Stephanie Rees</p> <p>BCUHB</p> | <p>This project intends to change the scrubbing practices for sterile procedures, changing chlorhexidine-based hand washing to alcohol-based hand rubs (ABHRs). ABHRs have been shown to reach the same, or better, level of sterility to traditional hand scrubbing. The project will involve:</p> <ul style="list-style-type: none"> evaluating the effectiveness and feasibility of using ABHRs for sterile hand asepsis. training staff and performing monitoring exercises to ensure compliance with hand hygiene protocols <p>This project has the potential to change the way we perform hand asepsis for sterile procedures, with a large environmental impact across the health board, Wales and individually, in terms of water consumption and harmful chemical release into the water table as well as associated cost savings.</p> |
| <p>Pilot: A Care Home Based Community Occupational Therapy Service</p> <p>Pilot: A Care Home Based Community Occupational Therapy Service</p> | <p>Meghan White</p> <p>BCUHB</p> | <p>This project pilots a Clinical Specialist OT working with two care homes based in Flintshire to provide specialist interventions to their residents. The categories of the care homes are one general residential and one EMI Nursing, which will provide a compendium of conditions and presentations which will allow the OT to utilise highly specialist knowledge and skills to promote functional improvement and engagement for the residents. It is expected that this</p> |

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| | | project will upstream prevention and support early intervention and add value in relationships between health services and care homes. |
| <p>(CAPTURE) ChAllenging Penicillin allergy staTUs: a REview with patients</p> <p>(CAPTURE) ChAllenging Penicillin allergy staTUs: a REview with patients</p> | <p>Clara Tam and Sreenath Pillai</p> <p>BCUHB</p> | <p>This project looks to implement a one-page assessment which enables any healthcare professional to safely remove false penicillin allergy based on careful history taking with patient, without the need of giving oral penicillin challenge. This assessment can be used in any settings e.g. inpatient, pre-operation assessment clinic, General Practice. Removal of false penicillin allergy status will only happen where the patient has provided consent. The project has the potential to allow more people to be offered first-line antibiotic, and improve health outcome, less antibiotic use, reduces MRSA and C diff infection for the individuals.</p> |
| <p>Improving manufacture of Piperacillin/ Tazobactam minibags</p> <p>Improving Manufacture of Piperacillin/ Tazobactam Mini Bags</p> | <p>Chris Goodwin and Rebecca Jones</p> <p>BCUHB</p> | <p>The minibags are a new product. They are approved by the FDA and are beginning to gain traction in Europe. However, despite the MHRA indicating they are favourable to the use of multidose starting materials, they require additional data on safety and effectiveness in order to allow their use. The intention is to work with the MHRA, and the pharmaceutical company to start generating data on the effectiveness of these bags, and explore how Using automation and needle free technologies could support the development of a safe, quick, high volume manufacturing process.</p> |
| <p>How can advanced nurse practitioners in primary care practice develop a women's service to improve health outcomes and reduce inequalities</p> <p>How Can Advanced Nurse Practitioners in Primary Care Practice Develop a Women's Service to Improve Health Outcomes and Reduce Inequalities</p> | <p>Lucie Parry and Nia Boughton</p> <p>BCUHB</p> | <p>This project will develop a service aimed at women who have given birth. The project will be based on women's input, population need, and resources required. The project will be delivered by nurses working at an advanced level of practice. The service will allow exploration of physical, emotional and social health. There is an understanding that many mothers do seek support within the early years and the project aims to give them an environment that they feel they can explore all avenues of health benefiting not only the individual but the whole family.</p> <p>Through supporting women at an earlier opportunity there is the potential to reduce inappropriate variation and duplication of healthcare services. This project will attempt to streamline services and access to appropriate care when needed. Women often see multiple professionals over a period of time before issues are identified and a plan is put in place.</p> |

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| <p>How to put communities truly at the heart of transforming outcomes: Testing innovative approaches of tackling socio-economic root causes to improve longer-term population health & wellbeing.</p> <p>How to Put Communities Truly at the Heart of Transforming Outcomes: Testing Innovative Approaches of Tackling Socio-Economic Root Causes to Improve Longer-Term Population Health and Wellbeing</p> | <p>Brian Laing and Ffion Prothero</p> <p>BCUHB</p> | <p>This Bevan Exemplar project, aligned to the Bevan Programme of 'People, Place & Health', is intended to:</p> <ol style="list-style-type: none"> 1. Test and evaluate how to engage with communities collaboratively to provide true agency and voice to drive forward transformational outcomes; and 2. Inform how our public services will need to adapt and evolve to deliver community services which are co-designed, co-produced and co-evaluated in an equal partnership across the whole system. <p>The outputs of this project will help to scope and shape the longer-term programme of work required, making the compelling case for change. Communities and public services will all benefit from reducing inequalities and improving longer-term population health and wellbeing outcomes.</p> |
| <p>Active Futures</p> <p>Active Futures</p> | <p>Ian Pope and Phillip Alstead</p> <p>The Rainbow Foundation Wrexham</p> | <p>This project delivers a Social, Psychological and Physical Support Programme proven to be key to behavioural changes leading to long term sustainable improvements in mental and physical health in Older People. Active Futures works on a three-step approach to supporting older people, many of whom have low mood/poor mental health on commencement. These people have MSK conditions, fragility, and are at risk of falls.</p> <p>It is anticipated that the project will improve self-esteem and physical health of participants as well as reduce GP/nurse visits, A& E attendances, ambulance call outs and hip fractures.</p> |
| <p>In My Place: hospital avoidance and future care planning service</p> <p>In My Place: hospital avoidance and advance care planning service</p> | <p>Caroline Tudor-James (The Rainbow Foundation) and Michelle Greene (BCUHB)</p> <p>The Rainbow Foundation, delivering</p> | <p>The project will promote acceptance and dignity at end of life, to increase the number of people who die well in a place of their choice through:</p> <ol style="list-style-type: none"> 1. Rainbow Response Team to support people encountering a palliative crisis in the community. 2. Social Prescribing (FCP) service to improve the ability of local patients to communicate their wishes at end of life. <p>The main impact measures for the In My Place service will be:</p> <ul style="list-style-type: none"> • the reduction in unplanned bed days from an agreed baseline, and |

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| | services commissioned by BCUHB | <ul style="list-style-type: none"> an increase in the number of people whose end-of-life wishes are met, including the de-medicalisation of their care at the end of life and an increase in the number of people who die at home if that is their wish. |
| <p>Developing a Holistic Stroke Survivors and Carers Programme for Secondary Stroke Prevention.</p> <p>Developing a Holistic Stroke Survivors and Carers Programme for Secondary Stroke Prevention.</p> | <p>Emma Davies, Holly Brislen and Nicole Vickers</p> <p>BCUHB</p> | <p>The project is a dedicated Secondary Stroke Prevention programme for Stroke Survivors and their Carers. It aims to identify and manage ongoing risk factors and support Stroke survivors/carers with themes like health anxiety, healthy behaviours and knowledge regarding stroke risk factors and their impact on the individual. The team aim to facilitate practical and personalised advice through group and 1:1 support. Group support is integral to behaviour change and patient experience as it provides a space for peer support and the sharing of practical tips and personal experiences. Potential outcomes include a reduction in readmissions of recurrent stroke within 12 months and carers and patients gaining autonomy within emphasis on quality of life for all post stroke.</p> |
| <p>Young People's Therapeutic Hub</p> <p>Young People's Therapeutic Hub</p> | <p>Sian Tomos and Lyndsey Thomas</p> <p>GISDA</p> | <p>The project aims to develop young people's therapeutic hub in Bangor, North Wales. The hub would be a safe space for young people who have experienced trauma or who also suffers from mental health illness.</p> |
| Cardiff and Vale University Health Board | | |
| <p>A Podiatry led community vascular screening pathway, reducing waits and improving Peripheral Arterial Disease diagnosis and treatment planning within Cardiff and Vale UHB.</p> <p>A Podiatry Led Community Vascular Screening Pathway, Improving Peripheral Arterial Disease Diagnosis and Treatment Planning within Cardiff and Vale UHB</p> | <p>Samantha Waters and Adam Fox</p> <p>CAVUHB</p> | <p>This project proposes that the Vascular Consultants have the ability at triage to re-direct referrals triaged as 'routine' lower limb PAD patients to the Podiatry team. CAVUHB Podiatry will accept these referrals and ensure they are reviewed in an appropriate Vascular screening clinic with Podiatrists experienced in vascular assessment and chairside vascular diagnostics. We estimate that the wait for these appointments would be around 6-8 weeks.</p> <p>Patient centred care and outcomes are the priority of this project. The aim is to ensure 'routine' suspected PAD patients are seen in a timely manner for extensive and thorough assessment and diagnosis. Ensuring management plans are put in place, including exercise, best medical management and surgical referral.</p> |

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| <p>Constipation Prophylaxis for Clozapine Patients; Developing a National Movement</p> <p>Constipation Prophylaxis for Clozapine Patients; Developing a National Movement</p> | <p>Katie Evans and Lee Griffiths</p> <p>CAVUHB</p> | <p>This project aims to assess the uptake of prophylactic laxatives prescribing in Cardiff and Vale for clozapine patients, obtain feedback from staff and patients on the implementation of prophylactic laxative use in Cardiff and Vale and liaise with relevant stakeholders to develop an All-Wales Prophylactic Laxative Protocol e.g. mental health and gastroenterology services across Wales.</p> |
| <p>Supporting seamless unscheduled dementia care through partnership & collaboration between Emergency Departments @ CAVUHB and the Welsh Ambulance Services (WAST).</p> <p>Supporting seamless unscheduled dementia care through partnership & collaboration between Emergency Departments @ CAVHB and the Welsh Ambulance Services (WAST)</p> | <p>Versha Sood (CAVUHB) and Alison Johnstone (WAST)</p> <p>CAVUHB and WAST</p> | <p>This project is a collaboration between Welsh Ambulance Services and Cardiff and Vale regional partnership to map the unscheduled admission process for people affected by dementia and explore areas for improvements in partnership. It will focus on the next steps, and developing dementia friendly unscheduled care services in the Cardiff and Vale region.</p> |
| <p>Embedding Sustainability in Wales' Sole Dental Hospital and School: Crafting the Narrative for Change</p> <p>Embedding Sustainability in Wales' Sole Dental Hospital and School: Crafting the Narrative for Change</p> | <p>Sheelagh Rogers (CAVUHB) and Nagham Katif (Cardiff University)</p> <p>CAVUHB and Cardiff University</p> | <p>Using the Bevan Commissions WASTES typology, current sustainable workstreams within UDH and Dental School have been mapped. The project will identify areas for sustainable development in education, training, clinical practice and patient care involving Cardiff University students and UDH clinicians and staff. The areas identified include workforce, administration, treatment and energy. This project will contribute to CAVUHB commitment to net zero by 2030 NHS Wales Decarbonisation Strategic Delivery Plan.</p> |
| <p>Development of a competency framework and support network for nurses working in Older Person's Services across partnerships the Cardiff and Vale region</p> | <p>Ruth Cann</p> <p>CAVUHB</p> | <p>The project will involve a mapping of existing nursing roles that provide care and support to older people (scope of roles to be defined), the definition of competencies and a development of a framework / resource for nurses working with older people. To include education around evidence-based interventions such as Comprehensive Geriatric Assessment and Person-Centred care planning. This project will benefit patients through improving the quality of care and services delivered. Staff will benefit through improved</p> |

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| Development of a competency framework and support network for nurses working in Older Person's Services across partnerships the Cardiff and Vale region | | support networks as this roles option work in isolation; education and training, and recognition of their role and unique skills. |
| Improving Pharmaceutical Sustainability Improving Pharmaceutical Sustainability | Vanessa Adams CAVUHB | This project aims to engage everyone within the Cluster (7 GP Practices, 8 dentists, 8 Optometrists and 18 Community Pharmacies, 52,000+ patients) starting with an education initiative to increase awareness of staff and patients of the integral link between health, focusing on medicines, and mitigating climate change. It is anticipated, the Cluster will be able to implement ways to reduce 'over-ordering', reduce single use plastics (e.g. eye drops) and work with the community pharmacies and patients to facilitate responsible medicine disposal or recycling. |
| "Falling off a cliff: A digital carabiner for rare disease young people and their families transitioning to adult care" Falling Off a Cliff: A Digital Carabiner for Rare Disease Young People and Their Families Transitioning to Adult Care | Jamie Duckers, Zoe Morrison and Darcie Williams (CAVUHB), Torsten Hildebrandt (CTMUHB), Ian Rawlings (WAST), Rhiannon Edwards (NHS Wales Performance and Improvement) CAVUHB, CTMUHB, WAST and NHS Wales Performance and Improvement | The project aims to develop a digital platform for those impacted by Rare Diseases (RD) for support and training needs during the period of transition to adult services. The platform exists and will be modified for use by clinicians and third-party stakeholders to support three specific RD communities. The creation of bespoke and general digital rooms will provide the building blocks to educate and empower patients, parents and clinicians to manage the changing landscape of their care, social, health and education. Chat rooms will be accessible to those above the age of 18 years and will be securely managed and moderated by IT enabled tools and clinicians, with clear guidance for users |

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| Cwm Taf Morgannwg University Health Board | | |
| Development of a Health Visiting Cancer Framework: Targeting our inequalities 'Bringing five C's into everyday conversations' Bringing the five C's into everyday conversation | Andrea Bevan and Donna Roberts-Walters CTMUHB | The project aims to formalize a draft Cancer Framework to be used within health visiting, identifying key messages and approach in which information and advice re breast, cervical, testicular, bowel & lung cancers (screening and primary prevention) will be delivered. This model will then be tested. |
| Implementation of dedicated Inpatient Podiatry Service for people with diabetes admitted with acute diabetic foot disease Implementation of Dedicated Inpatient Podiatry Service for People with Diabetes Admitted with Acute Diabetic Foot Disease | Jessica Rees CTMUHB | The project aims to ensure that there is equity in provision of inpatient podiatry provision for any person admitted with or because of acute diabetic foot problem. It aims to provide this at the front door in ED/AECU, resulting in admission avoidance and enable sooner safe discharge, and development of care pathways will improve access for emergency DFU cases and reduce inpatient bed days through coordination of care within the MDFT. |
| The future of mental health - Virtual Reality The Future of Mental Health - Virtual Reality | Janet Whiteman (New Horizons) and Kim Bevan (Tend-VR) New Horizons Mental Health, Tend-BR and CTMUHB | This project will run VR-based MBCT programmes in three disadvantaged RCT communities, linking with CTMUHB and community organisations. The use of VR technology for delivering MBCT is a creative innovation in clinical practice. By combining traditional ways of providing treatments for mental health with cutting-edge technology, there are new possibilities for treatment delivery. Use of an immersive VR environment not only enhances the appeal and engagement of the intervention but also has the potential to increase its effectiveness by providing a more engaging, interesting and personalised experience. |
| DHCW | | |
| Unequal Aging: Health Inequalities in Older Patients | Alexander Shaw DHCW | Health Inequalities amongst older adults represent a critical challenge in public health manifesting in disparities in morbidity, mortality, quality of life and access to health care services. This project aims to identify and analyse these health inequalities using |

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| Unequal Aging: Health Inequalities in Older Patients | | comprehensive inpatient, outpatient and emergency data. The primary objective of this project is to uncover patterns and determinants of health inequalities among the elderly population to allow for future data-driven decision making around service provision, healthcare policy and workforce levels. |
| HEIW | | |
| What's your score? What's your Score? | Geraint Jones HEIW | The aim of this project is to provide education, guidance, and tools to help citizens live a healthier and happier life, without having to miss the sport that they enjoy. The project involves a healthcare professional being present at a football club in South Wales, allowing opportunistic conversations and healthcare monitoring of spectators. This can include blood pressure and blood glucose monitoring, two very simple healthcare interventions which can have a major impact on an individual's overall health. |
| Hywel Dda University Health Board | | |
| Development and implementations of a Patient and Diagnostic Dashboard to document and guide a patient's journey through the new Hywel Dda Fracture Liaison Service Development and Implementation of a Patient and Diagnostic Dashboard to Document and Guide a Patient's Journey through the New Hywel Dda Fracture Liaison Service | Will Backen and Tracy George H DUHB | The aim is to create a Fracture Liaison Service dashboard within SharePoint, encompassing the functions the team require to deliver safe standards of care and beyond. The dashboard will be a database of patients within the FLS pathway, documenting each step of the patient journey. The start of the journey is the date of fracture and could be used to pre-populate future target dates for activity linked to the KPIs. These would include assessment at 12 weeks or follow up at 16 or 52 weeks. The project will have a positive impact on patients, ensuring they receive timely and appropriate interventions, on the FLS team and on service outcomes. |
| Test out the learning following small Pembrokeshire Lifestyle Medicine Clinic Pilot | Sarah Tamplin and Janet Bower H DUHB | The project will provide a lifestyle medicine clinic, based in local leisure centre, with weekly face to face 2 hour sessions with any adult who has either self referred or been referred by a health professional. The programme would entail an education session on each of the 6 pillars of lifestyle medicine, group coaching facilitated by health coaches using the GROW |

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| Test Out the Learning following Small Pembrokeshire Lifestyle Medicine Clinic Pilot | | model and then a workshop linked to one of the 6 pillars (diet, activity, health relationships, mental wellbeing, avoiding harmful substances and sleep). |
| Improving Access to Gynaecology Cancer Diagnostics Improving Access to Gynaecology Cancer Diagnostics | Lauren Davies, Aimee Bowen and Alan Treharne HDUHB | The aim of the One Stop Clinic is to allow patients on the Urgent Suspected Cancer pathway to have a scan and a biopsy if needed on the same day. Within this clinic if required the patient will also have access to further diagnostic treatment either the same day or same week. This will reduce the patients time spent on the Urgent Suspected Cancer pathway and will ensure that each stage of the pathway happens quickly and efficiently. The One Stop Clinic will improve the patient's outcome and experience. |
| Community-based screening utilising AI enhanced auscultation to improve early detection of Aortic Stenosis Community-Based Screening Utilising AI Enhanced Auscultation to Improve Early Detection of Aortic Stenosis | Catrin Williams and Daniel Obaid HDUHB | Patients over the age of 65 years attending their local primary care practice for 'other reasons' will be offered 'opportunistic screening' for the detection of asymptomatic aortic stenosis. The screening will be undertaken by community practice nurses using digital stethoscopes with recordings interpreted by a previously validated AI murmur recognition algorithm. Patients identified as having significant murmurs will be invited for detailed echocardiography. The presence or absence of significant cardiac disease will be determined. Patients with significant disease will be reviewed by a consultant cardiologist for treatment or surveillance as appropriate. |
| Pioneering an accessible, effective and efficient Women's Health Psychology Service Pioneering an accessible, effective and efficient Women's Health Psychology Service | Bethan Lloyd, Rachel Herrick, Geraint Scales, Jackson Reynolds and Eleri Davies HDUHB | An innovative psychology service has been developed as a pilot in primary care to test a new approach to meet the psychological needs of women with pelvic health conditions who also have mental health comorbidities or difficulty coping, due to their pelvic health condition. The integration of specialist Clinical Health Psychology, which is a mental health psychology specialism, into physical health, offers prudent healthcare as patients' psychological needs are met within their physical health MDT, and the psychologists have advanced knowledge of their physical health conditions. This best meets needs, provides timely intervention, and also reduces demands on mental health services. This is the first of its kind in Wales. |

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| <p>Meeting the communication and information needs of people with a sensory loss when accessing our healthcare services</p> <p>Meeting the communication and information needs of people with a sensory loss when accessing our healthcare services</p> | <p>Beverly Davies, Jane Deans, Ann Marie Kennard and Kate Tamilia</p> <p>HDUHB</p> | <p>This project rolls out the Sensory Loss Friendly Assessment (SLFA) Checklist within the Health Board and designs a robust "Sensory Loss Friendly Accreditation Scheme" that will enable all service areas, to provide accessible services for all.</p> <p>The SLFA Checklist and/or the scheme would support staff to assess the accessibility of their services and how they meet the Standards. It will help staff feel more confident in supporting people with sensory loss as well as introducing changes such as staff training, better use of patient records, use of hearing loops and use of translation and interpretation services. As a result, there would be an improved patient experience for people with sensory loss using our services.</p> |
| <p>Pre-assessment Triaging in outpatient clinic</p> <p>Pre-assessment Triaging in outpatient clinic</p> | <p>Ihab Abbasi and Dylan John</p> <p>HDUHB</p> | <p>The project aims to get the clinicians in the Gynaecology outpatient department to perform a clinical triage for patients they list to have day case surgery, and if they were deemed fit they can be added to a "ready to have a Surgery" list of patients. These patients can be called and offered a slot in any theatre list that had a vacancy due to cancellation. It does not replace pre-assessment, but rather safely signs healthy patients off as medically fit without the need to send them to PAC.</p> <p>Not only this will allow booking office to fill theatre lists promptly, but also will reduce the pressure on the PAC and allow them to focus on the patients with medical complications that need several tests and investigations.</p> |
| <p>Early Doors – "it's never too early to set up the home you need for the future you deserve"</p> <p>Early Doors – "it's never too early to set up the home you need for the future you deserve"</p> | <p>Lucy Brown</p> <p>Carmarthenshire County Council</p> | <p>This project will explore what happens from the health and social care perspective, when people are supported effectively to see their strengths, to prioritise their needs and wishes, to plan and strategize how they will move forward and develop awareness to their motivators to stay focused on their personal aspirations and supported to achieve their goals.</p> <p>Furthermore, there continues to be stigma associated to accessing support, with some residents viewing this as a sign of failure. The project will flip these thoughts around, to celebrate and champion the success and power achieved by taking control and arming ourselves with the knowledge, skills and resilience to live the lives we want. The project will then harness new skills to provide a pathway for people to share their experience and</p> |

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| | | knowledge with others, nurturing communities that are supportive, whilst developing a strong sense of achievement, purpose and value within society. |
| <p>A Novel Approach to Acute Kidney Injury Management in a District General Hospital</p> <p>A Novel Approach to Acute Kidney Injury Management in a District General Hospital</p> | <p>Sharan Chugani, Paula Davies, Ben O'Sullivan, Julie Thomas, Steven McMorran, Lowri Jones (H DUHB), Vandse Aithal (SBUHB) and Gail Williams (Popham Kidney Support)</p> <p>H DUHB, SBUHB and Popham Kidney Support</p> | <p>The project aims to optimise the treatment of patients with Acute Kidney Injury (AKI) in Glangwili with a dedicated AKI team including an AKI specialist nurse (in post from June 2024), Physician Associate, two AKI pharmacists, all under the supervision of a Renal Consultant. Patients will be identified through the medical admission list and regularly through ward/Same Day emergency Care referrals. The service will continue to collaborate closely with ITU and Glangwili dialysis unit to ensure that single organ AKI patients are not sent to ITU for haemofiltration or to the tertiary renal centre when they can be safely dialysed on the dialysis unit at the local unit.</p> |
| <p>Development and delivery of a high intensity rehabilitation programme for the upper limb for people living with a neurological condition</p> <p>Development and delivery of a high intensity rehabilitation programme for the upper limb for people living with a neurological condition</p> | <p>Tanya O'Sullivan and Renee Groenevelt</p> <p>H DUHB</p> | <p>Using co- production principles, this project proposes the development and delivery of a hybrid model of high intensity rehabilitation for upper limb in people living in the community, with a neurological condition across the whole rural footprint of H DUHB. Following screening, and with the use of a suitable self-management platform, Patients will be enrolled onto a 3 week group cohort and a combination of exercises and functional task practice incorporating the latest evidence in neurological rehabilitation will be formulated and delivered, utilising the hybrid model. Within this model we will explore using adjuncts to therapy, for example the Saebo glove, functional electrical stimulation, gaming, constraint induced movement therapy and sensory rehabilitation.</p> |
| <p>To initiate the prescribing of iron supplements by midwives when required in pregnancy through developing a patient group directive.</p> | <p>Angela Phillips</p> <p>H DUHB</p> | <p>The aim of this project is to promote a holistic approach to wellbeing in pregnancy through creating a patient group directive to enable midwives, especially in the community, to prescribe iron supplements to facilitate prompt activation of oral iron therapy.</p> |

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| To initiate the prescribing of iron supplements by midwives when required in pregnancy through developing a patient group directive | | |
| "Guardian: Enhancing Safety and Independence for the Frail and Dementia Patients with Personal Alarm Watches" Guardian: Enhancing Safety and Independence for the Frail and Dementia Patients with Personal Alarm Watches | Emma Dobson (H DUHB), Erin Hugo (P THB) and Sophie Bassett (C TMUHB) H DUHB, P THB and C TMUHB | This project aims to evaluate the acceptability and usability of personal alarm watches among individuals experiencing physical frailty and/or dementia. The study will be conducted across three distinct health boards, with each site featuring a unique mix of participants from both urban and rural localities. The project involves three co-applicants who will collaborate to implement and assess the technology in diverse real-world settings. |
| NHS Wales Performance and Improvement | | |
| National Peer Support Service (EPP Cymru) National Peer Support Service (EPP Cymru) | Christine Roach and Jules Godden NHS Wales Performance and Improvement | There is widespread recognition of the potential for partnerships between patients and healthcare professionals to transform how people living with chronic conditions make use of healthcare resources. Given the challenges facing health services and their long-term sustainability, there is a need for new seamless approaches to self-management that support patients long-term to have the confidence and resources for optimal self-care and to self-manage their health condition/s. This project aims to develop a National Peer Support Service, by following an EPP Cymru Self Management Course and to build resilient communities |
| Seek Help Now – A 12-Month Initiative to Encourage Help-Seeking for Eating Disorders Seek Help Now – A 12-Month Initiative to Encourage Help-Seeking for Eating Disorders | Tamsin Speight and Joshua Beynon NHS Wales Performance and Improvement | This project will focus on addressing the common barriers to seeking treatment such as stigma, lack of awareness about the disorder, denial of the severity and access to services by providing accessible resources and fostering supportive networks. It aims to create a lasting impact by promoting a culture of openness, support, and proactive help-seeking for eating disorders. |

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| | | This project will encourage early help-seeking in eating disorders and will benefit a wide range of individuals, carers, health professionals and society, as early intervention can lead to better treatment outcomes, faster recovery, and reduced severity of the disorder. |
| Swansea Bay University Health Board | | |
| MDT Embedded Advanced Prescribing Pharmacist – Cardiology Embedding a Cardiac Pharmacist in the Cardiology MDT | Gareth Chapple SBUHB | The project will aim to embed a prescribing advanced pharmacist with the local cardiology MDT which will review all patients on the cardiology take that week. The focus will be on optimising patient's medication, improving patient education and therefore adherence, reducing prescribing error rates and increasing discharge processing rates. The role will also impact the health board by reducing medicines waste, reducing drug spend, reducing hospital admission and increasing discharge rates. |
| Supporting cancer survivorship with a late radiotherapy effects service Supporting Cancer Survivorship with a Late Radiotherapy Effects Service | Sheena Lam, Nicola Davies and Rebecca Lloyd SBUHB | This project will provide a late radiotherapy effects service for every patient treated with radiotherapy. It will initially pilot the service for patients who have had pelvic radiotherapy for prostate cancer with grade 2 RTOG late effects from Hywel Dda Health Board. The project would allow treating oncologists, urology surgeons, urology CNS to refer patients who they have diagnosed are experiencing grade 2 RTOG late effects from radiotherapy. A referral form would be used and referrals would be screened. The priority focus is to benefit patients. |
| Reimagining Holistic Health: Scalable Interventions for Living Well with Chronic Conditions Reimagining Holistic Health: Scalable Interventions for Living Well with Chronic Conditions | Zoe Fisher, Kelly Davies and Suzannes Charles (SBUHB) and Andrew Kemp (Swansea University) SBUHB and Swansea University | This project looks to develop a manual about the 8-week wellbeing intervention that has been delivered across three Welsh health boards for people living with acquired brain injury. This publication will include patient and clinician manuals, along with the development of online engagement and training resources, supported by a collaboration with 'ReWise', a community interest company. The resources will be co-produced. The project will also scope adapting the intervention for chronic conditions and mental health issues. |

| Project Title | Project Lead & Organisation | Description |
|---|---|---|
| <p>360 Degree Livestream Cameras in Transfer Medicine and Remote Care</p> <p>360 Degree Livestream Cameras in Transfer Medicine and Remote Care</p> | <p>Prateek Verma</p> <p>SBUHB</p> | <p>This project aims to explore the use of Mixed Reality (MR) Headsets to view a 360-degree livestream of the clinical environment, thereby allowing the remote support team to be virtually present and therefore fully immersed in the situation. This would be combined with the ability to view multiple screens simultaneously within the headset, avoiding the need for multiple devices, thus reducing costs and increasing productivity. We aim to trial the delivery of simulations with remote facilitation, thereby increasing their quality, fidelity and safety.</p> <p>This innovation in telemedicine will enable the creation of a robust remote support network, allowing ACCTS Cymru to ensure equity for all patients in Wales by removing geography as a barrier to accessing specialist healthcare and by enabling the safe transfer of higher acuity sicker patients over long distances, thereby ensuring need not distance drives decision to transfer.</p> |
| <p>Orthopaedic Waiting list initiative (OWLi): Using a digital platform to monitor health and support patients waiting for planned surgery</p> <p>Orthopaedic Waiting list initiative (OWLi): Using a digital platform to monitor health and support patients waiting for planned surgery</p> | <p>Chris Lambert and Catherine Cromey</p> <p>SBUHB</p> | <p>The project will build on work that has taken place with a technology partner (Pro-Mapp Ltd) to create a customised digital platform that monitors patients health, identifies deterioration and provides prehabilitation support to waiting lists patients. The platform data has endless potential utility to improve patient care and streamline planned care pathways.</p> |
| Velindre University NHS Trust | | |
| <p>Specialist Neuro-Oncology Community Therapy Services: Addressing Inequalities and Gaps in Service Provision</p> | <p>Cathryn Lewis</p> <p>Velindre University NHS Trust</p> | <p>The purpose of this project is to fully explore and map the availability and consistency of specialist OT and physiotherapy provision for neuro-oncology patients in community settings. It will then develop and implement a pilot occupational therapy and physiotherapy community service for neuro-oncology patients which can be evaluated to establish its value to both patients and carers / families' quality of life.</p> |

| Project Title | Project Lead & Organisation | Description |
|---|---|--|
| Specialist Neuro-Oncology Community Therapy Services: Addressing Inequalities and Gaps in Service Provision | | |
| Welsh Ambulance Services NHS Trust | | |
| <p>Building Resilient Communities. Connected Support Cymru (CSC) - Connecting Patients, Clinicians and Services through Volunteers and Technology</p> <p>Building Resilient Communities. Connected Support Cymru - Connecting Patients, Clinicians and Services through volunteers and technology</p> | <p>Dawn Jones and Ela Lewis</p> <p>WAST</p> | <p>Remote monitoring will support care closer to home using Bluetooth enabled equipment currently referred to as 'Luscii Box' and the Luscii app available on android and apple that interfaces with the clinically intelligent dashboard remotely monitored by RMC. Patients will initially be provided with a managed apple iPad with Luscii app downloaded, scope to empower patients to use personal phones/tablets can be explored. CSC will build on this with the capability to remotely monitor patients through Bluetooth enabled blood pressure cuffs and oxygen saturation probes. The key impacts are for services users, care home residents, patients and families who access emergency care when they are unsure or unable to access care closer to home or present with a condition that they need support to access alternative services.</p> |